

# Conditional upper bounds for moments & Extreme values

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# The Riemann hypothesis and moments

Riemann hypothesis  $\implies$  Lindelöf Hypothesis.

Quantitative form: Littlewood, Chandee & S.

$$|\zeta(\tfrac{1}{2} + it)| \leq \exp\left(\left(\frac{\log 2}{2} + o(1)\right) \frac{\log t}{\log \log t}\right).$$

Related: Littlewood, Carneiro, Chandee & Milinovich

$$|S(t)| \leq \left(\frac{1}{4} + o(1)\right) \frac{\log t}{\log \log t}.$$

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$$|S(t)| \leq \left(\frac{1}{4} + o(1)\right) \frac{\log t}{\log \log t}.$$

What does RH imply about the frequency of large values of  $|\zeta(\frac{1}{2} + it)|$ ?

Does RH give better upper bounds on moments?

Analogue in families of  $L$ -functions?

Classical: RH gives moments to the right of the critical line:

$$\int_0^T |\zeta(\sigma + it)|^{2k} dt \sim T \sum_{n=1}^{\infty} \frac{d_k(n)^2}{n^{2\sigma}}.$$

$$\mathcal{S}(T, V) = \{t \in [T, 2T] : \log |\zeta(\tfrac{1}{2} + it)| \geq V\}$$

Selberg's Theorem: meas  $\mathcal{S}(T, V)$  when  $V$  is of size  $\sqrt{\log \log T}$ .  
 $2k$ -th moment picks out  $V = k \log \log T$ .

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**Theorem:** Assume RH. In the range  
 $\sqrt{\log \log T} \leq V \leq o(\log_2 T \log_3 T)$

$$\text{meas } \mathcal{S}(T, V) \ll T \exp \left( - (1 + o(1)) \frac{V^2}{\log \log T} \right).$$

For larger  $V$ , for some  $c > 0$

$$\text{meas } \mathcal{S}(T, V) \ll T \exp(-cV \log V).$$

**Corollary:** On RH,  $M_k(T) \ll T(\log T)^{k^2+\epsilon}$  for any  $\epsilon > 0$ .

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**Theorem (Harper):** On RH

$$\int_0^T |\zeta(\tfrac{1}{2} + it)|^{2k} dt \ll T(\log T)^{k^2}.$$

On GRH:

$$\sum_{\chi \pmod{q}} |L(\tfrac{1}{2}, \chi)|^{2k} \ll q(\log q)^{k^2}$$

$$\sum_{|d| \leq X} L(\tfrac{1}{2}, \chi_d)^k \ll X(\log X)^{k(k+1)/2}$$

$$\sum_{|d| \leq X} L(\tfrac{1}{2}, f \times \chi_d)^k \ll X(\log X)^{k(k-1)/2}$$

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Milinovich/Kirila:

$$\sum_{|\rho| \leq T} |\zeta'(\rho)|^{2k} \ll T(\log T)^{k^2+2k+1}.$$

Najnudel:

$$\int_T^{2T} \exp(2k\pi S(t)) dt \ll T(\log T)^{k^2+\epsilon}.$$



# The key idea

Selberg in his work on CLT — approximations for  $\log \zeta(\frac{1}{2} + it)$  in terms of  $\sum_{p \leq x} 1/p^{1/2+it}$ .

For  $\operatorname{Im} \log \zeta(\frac{1}{2} + it)$  this can be done. More complicated for  $\log |\zeta(\frac{1}{2} + it)|$  — singularities coming from zeros of  $\zeta(s)$ .

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**Proof:** If RH is true then

$$|\xi(\sigma + it)| = \prod_{\rho} \left| 1 - s/\rho \right| = \prod_{\rho} \frac{|(\sigma - 1/2) + i(t - \gamma)|}{|\rho|}$$

and each term in the product is increasing in  $\sigma \geq 1/2$ .

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Unconditional version:  $|\xi(\sigma + it)|$  is increasing in  $\sigma \geq 1$  — useful fact!

## Quantitative version of the key idea

**Proposition:** Assume RH.  $T$  large,  $2 \leq x \leq T^2$ ,  $t \in [T, 2T]$ . Then with  $\sigma_0 = 1/2 + 1/\log x$ ,

$$\log |\zeta(\tfrac{1}{2} + it)| \leq \operatorname{Re} \sum_{n \leq x} \frac{\Lambda(n)}{n^{\sigma_0 + it} \log n} \frac{\log x/n}{\log x} + \frac{\log T}{\log x}.$$

In rough form:

$$\log |\zeta(\tfrac{1}{2} + it)| \leq \operatorname{Re} \sum_{p \leq x} \frac{1}{p^{\frac{1}{2} + it}} + \frac{\log T}{\log x}.$$

Key feature: flexibility in choosing  $x$ . For example, choosing  $x = \log T$  gives Littlewood's quantitative RH  $\implies$  LH.

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Analogues for  $L$ -functions in families: for example

$$\log L(\tfrac{1}{2}, \chi_d) \leq \sum_{p \leq x} \frac{\chi_d(p)}{\sqrt{p}} + \frac{1}{2} \sum_{p \leq \sqrt{x}} \frac{\chi_d(p^2)}{p} + \frac{\log |d|}{\log x}$$

## Proof of the Proposition

By RH,  $|\xi(\frac{1}{2} + it)| \leq |\xi(\sigma_0 + it)|$ . Using Stirling:

$$\log |\zeta(\frac{1}{2} + it)| \leq \log |\zeta(\sigma_0 + it)| + \frac{\log T}{2 \log x}.$$



## Proof of the Proposition

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**Lemma (a la Selberg):** Up to negligible terms

$$-\frac{\zeta'}{\zeta}(s) = \sum_{n \leq x} \frac{\Lambda(n)}{n^s} \frac{\log(x/n)}{\log x} + \frac{1}{\log x} \left( \frac{\zeta'}{\zeta}(s) \right)' + \frac{1}{\log x} \sum_{\rho} \frac{x^{\rho-s}}{(\rho-s)^2}.$$

**Proof:** Start with

$$\frac{1}{2\pi i} \int_{(c)} -\frac{\zeta'}{\zeta}(s+w) \frac{x^w}{w^2} dw = \sum_{n \leq x} \frac{\Lambda(n)}{n^s} \log(x/n).$$

Move line to the left and compute residues:

$$-\frac{\zeta'}{\zeta}(s) \log x - \left( \frac{\zeta'}{\zeta}(s) \right)' - \sum_{\rho} \frac{x^{\rho-s}}{(\rho-s)^2}$$

Use the Lemma with  $s = \sigma + it$  and integrate  $\sigma$  from  $\sigma_0$  to infinity.  
With  $s_0 = \sigma_0 + it$ :

$$\log |\zeta(s_0)| \approx \operatorname{Re} \left( \sum_{n \leq x} \frac{\Lambda(n)}{n^{s_0} \log n} \frac{\log(x/n)}{\log x} - \frac{1}{\log x} \frac{\zeta'}{\zeta}(s_0) \right. \\ \left. + \frac{1}{\log x} \sum_{\rho} \int_{\sigma_0}^{\infty} \frac{x^{\rho-s}}{(\rho-s)^2} d\sigma \right).$$

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$$\left| \sum_{\rho} \right| \leq \sum_{\rho} \frac{1}{|s_0 - \rho|^2} \int_{\sigma_0}^{\infty} x^{1/2-\sigma} d\sigma = \frac{1}{e \log x} \sum_{\rho} \frac{1}{|s_0 - \rho|^2}$$

Hadamard's factorization formula + Stirling:

$$-\operatorname{Re} \frac{\zeta'}{\zeta}(s_0) = \frac{1}{2} \log T - \sum_{\rho} \operatorname{Re} \left( \frac{1}{s_0 - \rho} \right) = \frac{1}{2} \log T - \sum_{\rho} \frac{(\sigma_0 - 1/2)}{|s_0 - \rho|^2}.$$

Conclude:

$$\log |\zeta(s_0)| \leq \operatorname{Re} \sum_{n \leq x} \frac{\Lambda(n)}{n^{s_0} \log n} \frac{\log(x/n)}{\log x} + \frac{1}{2} \frac{\log T}{\log x}.$$

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Recall:

$$\log |\zeta(\tfrac{1}{2} + it)| \leq \log |\zeta(s_0)| + \frac{1}{2} \frac{\log T}{\log x}.$$

Therefore

$$\log |\zeta(\tfrac{1}{2} + it)| \leq \operatorname{Re} \sum_{n \leq x} \frac{\Lambda(n)}{n^{s_0} \log n} \frac{\log(x/n)}{\log x} + \frac{\log T}{\log x}.$$

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Recall:

$$\log |\zeta(\tfrac{1}{2} + it)| \leq \log |\zeta(s_0)| + \frac{1}{2} \frac{\log T}{\log x}.$$

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Analogy with arithmetic functions:

$$\omega(n) \leq \sum_{\substack{p|n \\ p \leq y}} 1 + \frac{\log n}{\log y}.$$

## Frequency of large values of $|\zeta(\frac{1}{2} + it)|$

Recall:  $\mathcal{S}(T, V) = \{t \in [T, 2T] : \log |\zeta(\frac{1}{2} + it)| \geq V\}$ .

$$4 \leq A \leq \log_3 T; \quad x = T^{A/V}; \quad z = x^{1/\log \log T}$$

From Proposition:  $\log |\zeta(\frac{1}{2} + it)| \leq S_1(t) + S_2(t) + V/A$  with

$$S_1(t) = \operatorname{Re} \sum_{p \leq z} \frac{1}{p^{\frac{1}{2} + it}}, \quad S_2(t) = \operatorname{Re} \sum_{z < p \leq x} \frac{1}{p^{\frac{1}{2} + it}}.$$

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Case 1:  $S_1(t) \geq V(1 - 2/A)$ .

Case 2:  $S_2(t) \geq V/A$ .

$$\operatorname{meas}(\mathcal{S}(T, V)) \leq \operatorname{meas}(\text{Case 1}) + \operatorname{meas}(\text{Case 2}).$$

Idea: bound  $\operatorname{meas}(\text{Case 1})$  and  $\operatorname{meas}(\text{Case 2})$  by computing moments of  $S_1(t)$  and  $S_2(t)$ .  $S_1(t)$  is more important, but by breaking at  $z$ , we can compute more moments of it.



Lemma: If  $y^k \leq T/\log T$  then

$$\int_T^{2T} \left| \sum_{p \leq y} \frac{a(p)}{p^{\frac{1}{2}+it}} \right|^{2k} dt \ll Tk! \left( \sum_{p \leq y} \frac{|a(p)|^2}{p} \right)^k.$$

Key point: Uniform in  $k$ .

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**Key point:** Uniform in  $k$ .

**Proof:**

$$\left( \sum_{p \leq y} \frac{a(p)}{p^{\frac{1}{2}+it}} \right)^k = \sum_{n \leq y^k} \frac{a_{k,y}(n)}{n^{\frac{1}{2}+it}}$$

If  $n = p_1^{\alpha_1} \cdots p_r^{\alpha_r}$  then need all  $p_i \leq y$ ,  $\sum \alpha_i = k$  and then

$$a_{k,y}(n) = \binom{k}{\alpha_1, \dots, \alpha_r} \prod a(p_i)^{\alpha_i}.$$

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$$a_{k,y}(n) = \binom{k}{\alpha_1, \dots, \alpha_r} \prod a(p_i)^{\alpha_i}.$$

Since  $y^k \leq T/\log T$ , only diagonal terms matter:

$$\int_T^{2T} \left| \sum_{n \leq y^k} \frac{a_{k,y}(n)}{n^{\frac{1}{2}+it}} \right|^2 dt \ll T \sum_{n \leq y^k} \frac{|a_{k,y}(n)|^2}{n} \ll Tk! \left( \sum_{p \leq y} \frac{|a(p)|^2}{p} \right)^k.$$

## Handling Case 1

Recall  $z = T^{A/(V \log \log T)}$ . For  $k \leq V \log \log T / (2A)$ , Lemma gives

$$\int_T^{2T} |S_1(t)|^{2k} dt \ll Tk! \left( \sum_{p \leq z} \frac{1}{p} \right)^k \ll T\sqrt{k} \left( \frac{k \log \log T}{e} \right)^k.$$

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Conclude:

$$\begin{aligned} \text{meas}\{S_1(t) \geq V(1 - 2/A)\} &\ll (V(1 - 2/A))^{-2k} \int_T^{2T} |S_1(t)|^{2k} dt \\ &\ll T\sqrt{k} \left( \frac{k \log \log T}{eV^2(1 - 2/A)^2} \right)^k. \end{aligned}$$

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Important range:  $\sqrt{\log \log T} \leq V \leq (\log \log T)^{\frac{3}{2}}$  choose  
 $k = V^2 / \log \log T$ :

$$\text{meas}\{S_1(t) \geq V(1 - 2/A)\} \ll \frac{TV}{\sqrt{\log \log T}} \exp \left( - \frac{V^2}{(1 - 2/A)^2 \log \log T} \right)$$

In the range  $V \geq (\log \log T)^{\frac{3}{2}}$  choose  $k = 10V$  to get

$$\text{meas}\{S_1(t) \geq V(1 - 2/A)\} \ll T \exp(-V \log V).$$

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In either case conclude

$$\begin{aligned} \text{meas}\{S_1(t) \geq V(1 - 2/A)\} \\ \ll \frac{TV}{\sqrt{\log \log T}} \exp\left(-\frac{V^2}{(1 - 2/A)^2 \log \log T}\right) \\ + T \exp(-V \log V). \end{aligned}$$

First term is in the important range for moments — extrapolates Selberg's theorem in the large deviations range.



## Handling Case 2

Recall  $x = T^{A/V}$ ,  $z = x^{1/\log \log T}$ . For  $k \leq V/(2A)$ , Lemma gives

$$\int_T^{2T} |S_2(t)|^{2k} dt \ll Tk! \left( \sum_{z < p \leq x} \frac{1}{p} \right)^k \ll T(k \log_3 T)^k.$$

Conclude:

$$\text{meas}\{S_2(t) \geq V/A\} \ll T \left( \frac{k \log_3 T}{V^2/A^2} \right)^k$$

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Conclude:

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Choose  $k = V/2A$ . Since  $A \leq \log_3 T$  and we may assume  $V \geq \sqrt{\log \log T}$ , obtain

$$\text{meas}\{S_2(t) \geq V/A\} \ll T \exp \left( -\frac{V}{4A} \log V \right).$$

Putting Case 1 and Case 2 together:

$$\begin{aligned} \text{meas}(\mathcal{S}(T, V)) \\ \ll \frac{TV}{\sqrt{\log \log T}} \exp \left( - \frac{V^2}{(1 - 2/A)^2 \log \log T} \right) \\ + T \exp \left( - \frac{V}{4A} \log V \right). \end{aligned}$$

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Choose

$$A = \begin{cases} \log_3 T & \text{if } V \leq \log_2 T \log_3 T \\ 4 & \text{if } V > \log_2 T \log_3 T \end{cases}$$

to deduce:

**Theorem:** If  $\sqrt{\log_2 T} \leq V = o(\log_2 T \log_3 T)$  then

$$\text{meas}(\mathcal{S}(T, V)) \ll T \exp(-(1+o(1))V^2/\log \log T),$$

and for larger  $V$  it is  $\ll T \exp(-cV \log V)$  for some  $c > 0$ .

Corollary:

$$\begin{aligned}\int_T^{2T} |\zeta(\tfrac{1}{2} + it)|^{2k} dt &= - \int_{-\infty}^{\infty} e^{2kV} d\text{meas}(\mathcal{S}(T, V)) \\ &= 2k \int_{-\infty}^{\infty} e^{2kV} \text{meas} \mathcal{S}(T, V) dV \\ &\ll T(\log T)^{k^2 + \epsilon}.\end{aligned}$$

The main contribution coming from terms  $V \approx k \log \log T$ .

Corollary:

$$\begin{aligned}\int_T^{2T} |\zeta(\tfrac{1}{2} + it)|^{2k} dt &= - \int_{-\infty}^{\infty} e^{2kV} d\text{meas}(\mathcal{S}(T, V)) \\ &= 2k \int_{-\infty}^{\infty} e^{2kV} \text{meas} \mathcal{S}(T, V) dV \\ &\ll T(\log T)^{k^2+\epsilon}.\end{aligned}$$

The main contribution coming from terms  $V \approx k \log \log T$ .

Related results: Jutila for  $V \leq \log \log T$

$$\text{meas}(\mathcal{S}(T, V)) \ll T \exp\left(-\frac{V^2}{\log \log T} \left(1 + O\left(\frac{V}{\log \log T}\right)\right)\right).$$

S. – **resonance method** –  $V \leq c\sqrt{\log T / \log_2 T}$

$$\text{meas}(\mathcal{S}(T, V)) \gg \frac{T}{(\log T)^4} \exp\left(-10 \frac{V^2}{\log(\log T / (8V^2 \log V))}\right).$$

# Harper's refinement

Iterative scheme similar to the argument for unconditional upper bounds.

Harper's choice of parameters:

$$\beta_0 = 0, \quad \beta_1 = \frac{1}{(\log \log T)^2}, \quad \beta_j = \frac{(20)^{j-1}}{(\log \log T)^2},$$

stop when  $\beta_R \approx e^{-1000k}$ .

Associated Dirichlet polynomials over primes: for  $1 \leq j \leq R$

$$\mathcal{P}_j(t) = \sum_{T^{\beta_{j-1}} \leq p \leq T^{\beta_j}} \frac{1}{p^{\frac{1}{2}+it}}.$$

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Proposition gives for any  $1 \leq r \leq R$ :

$$\log |\zeta(\tfrac{1}{2} + it)| \leq \operatorname{Re} \sum_{p \leq T^{\beta_r}} \frac{1}{p^{\frac{1}{2}+it}} + \frac{1}{\beta_r}.$$

Key feature: flexibility in choosing which  $r$  to use.



**Case 0:** Suppose  $t$  is such that  $|\operatorname{Re} \mathcal{P}_1(t)| \geq \beta_1^{-\frac{3}{4}} = (\log \log T)^{\frac{3}{2}}$ .  
Call the set of such  $t \in [T, 2T]$  as  $\mathcal{T}_0$ .

For any  $\ell \in \mathbb{N}$

$$\operatorname{meas}(\mathcal{T}_0)(\log \log T)^{3\ell} \leq \int_T^{2T} |\mathcal{P}_1(t)|^{2\ell} dt \ll T \ell! (\log \log T)^\ell.$$

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So

$$\int_{\mathcal{T}_0} |\zeta(\tfrac{1}{2} + it)|^{2k} dt \ll \left( \int_T^{2T} |\zeta(\tfrac{1}{2} + it)|^{4k} dt \right)^{\frac{1}{2}} \left( \operatorname{meas}(\mathcal{T}_0) \right)^{\frac{1}{2}} \ll T.$$

Case  $r$ : For each  $1 \leq j \leq r$  we have

$$|\operatorname{Re} \mathcal{P}_j(t)| \leq \beta_j^{-\frac{3}{4}},$$

but

$$|\operatorname{Re} \mathcal{P}_{r+1}(t)| > \beta_{r+1}^{-\frac{3}{4}}.$$

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Call this set  $\mathcal{T}_r$ .

Apply Proposition with this value  $r$ :

$$|\zeta(\tfrac{1}{2} + it)|^{2k} \ll \exp\left(2k \operatorname{Re} (\mathcal{P}_1(t) + \dots + \mathcal{P}_r(t)) + \frac{2k}{\beta_r}\right).$$

On  $\mathcal{T}_r$  can bound (for each  $1 \leq j \leq r$ )

$$\exp(2k \operatorname{Re} \mathcal{P}_j(t)) \ll E_{\ell_j}(2k \operatorname{Re} \mathcal{P}_j(t)), \quad \ell_j = 2 \lfloor 100k \beta_j^{-\frac{3}{4}} \rfloor.$$

$$\begin{aligned}
\int_{\mathcal{T}_r} |\zeta(\tfrac{1}{2} + it)|^{2k} dt &\ll e^{2k/\beta_r} \int_{\mathcal{T}_r} \prod_{j=1}^r E_{\ell_j}(2k \operatorname{Re} \mathcal{P}_j(t)) dt \\
&\ll e^{2k/\beta_r} \int_T^{2T} \prod_{j=1}^r E_{\ell_j}(2k \operatorname{Re} \mathcal{P}_j(t)) \left( \beta_{r+1}^{\frac{3}{4}} |\mathcal{P}_{r+1}(t)| \right)^{2 \lfloor 1/(10\beta_{r+1}) \rfloor} dt.
\end{aligned}$$

$$\int_{\mathcal{T}_r} |\zeta(\tfrac{1}{2} + it)|^{2k} dt \ll e^{2k/\beta_r} \int_{\mathcal{T}_r} \prod_{j=1}^r E_{\ell_j}(2k \operatorname{Re} \mathcal{P}_j(t)) dt$$

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Key points:

$$\prod_{j=1}^r E_{\ell_j}(2k \operatorname{Re} \mathcal{P}_j(t)) \left( \beta_{r+1}^{\frac{3}{4}} |\mathcal{P}_{r+1}(t)| \right)^{2\lfloor 1/(10\beta_{r+1}) \rfloor}$$

is a short Dirichlet polynomial.

$$\text{Length} \ll T \text{ to the } \sum_{j=1}^r \ell_j \beta_j + \beta_{r+1} (2\lfloor 1/(10\beta_{r+1}) \rfloor) \ll T^{1/4}.$$

$\mathcal{P}_{r+1}(t)$  is rarely big – gain a lot from that term, enough to compensate  $e^{2k/\beta_r}$ .

# Extreme values

Recall: Littlewood on GRH

$$\zeta(2)((2+o(1))e^\gamma \log \log |d|)^{-1} \leq L(1, \chi_d) \leq (2+o(1))e^\gamma \log \log |d|.$$

Know unconditionally (Chowla, ..., Granville & S.) there are arbitrarily large discriminants with

$$L(1, \chi_d) \geq e^\gamma (\log \log |d| + \log_3 |d| - \log_4 |d| + O(1)).$$

Correspondingly for small values of  $L(1, \chi_d)$ .

Conjecture (Granville & S.):

$$L(1, \chi_d) \leq e^\gamma (\log \log |d| + \log_3 |d| + C_1 + o(1)).$$

Related question: Least quadratic non-residue (mod  $p$ ).  
Can get as large as  $\gg \log p \log_3 p$  – Graham & Ringrose. On GRH  
gets as large as  $\gg \log p \log \log p$  – Montgomery.  
GRH implies that the least quadratic non-residue is  $\leq (\log p)^2$ .



# Story on the critical line?

Maximal size of  $|\zeta(\frac{1}{2} + it)|$ ? Analogues for central values of  $L$ -functions?

Unconditional results: Subconvexity problem for  $L$ -functions.

Bourgain:  $|\zeta(\frac{1}{2} + it)| \ll |t|^{13/84+\epsilon}$ .

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On RH: Littlewood, ..., Chandee & S., Carneiro & Chandee

$$|\zeta(\tfrac{1}{2} + it)| \ll \exp\left(\left(\frac{\log 2}{2} + o(1)\right) \frac{\log |t|}{\log \log |t|}\right)$$

$$|\zeta(\sigma + it)| \ll \exp\left(C(\sigma) \frac{(\log |t|)^{2-2\sigma}}{\log \log |t|}\right)$$

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Explicit versions of slightly weaker result for  $L$ -functions: Chandee.

Questions: How large can we make  $\zeta(\frac{1}{2} + it)$ ? Central values of  $L$ -functions? ( $\Omega$  results)

What should be the truth?

# Riemann implies Lindelöf

$$\xi(s) = s(s-1)\pi^{-s/2}\Gamma(s/2)\zeta(s) = e^{Bs} \prod_{\rho} \left(1 - \frac{s}{\rho}\right) e^{s/\rho}$$

$$\left| \frac{\xi(\frac{1}{2} + it)}{\xi(-\frac{3}{2} + it)} \right| = \prod_{\rho} \left| \frac{i(\gamma - t)}{2 + i(\gamma - t)} \right| = \prod_{\rho} \left| \frac{(t - \gamma)^2}{4 + (t - \gamma)^2} \right|^{\frac{1}{2}}.$$

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Functional equation + Stirling: Put  $f(x) = \log \frac{4+x^2}{x^2}$

$$\log |\zeta(\tfrac{1}{2} + it)| = \log t + O(1) - \frac{1}{2} \sum_{\gamma} f(t - \gamma)$$

Note:

$$\frac{1}{2} \int_{-\infty}^{\infty} \log \frac{4+x^2}{x^2} dx = 2\pi.$$

Size of  $\zeta(\frac{1}{2} + it)$  related to fluctuations in the distribution of ordinates of zeros of  $\zeta(s)$  (i.e.  $S(t)$ ).

Note  $f(x) = \log((4 + x^2)/x^2)$  has a singularity at  $x = 0$ .

Idea: Find a nice function  $g_\Delta$  with  $g_\Delta(x) \leq f(x)$ , and such that

$$\widehat{g}_\Delta(\xi) = \int_{-\infty}^{\infty} g_\Delta(x) e^{-2\pi i x \xi} dx$$

is compactly supported in  $[-\Delta, \Delta]$ .

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is compactly supported in  $[-\Delta, \Delta]$ . Then

$$\sum_{\gamma} f(t-\gamma) \geq \sum_{\gamma} g_\Delta(t-\gamma)$$

Now use explicit formula to convert RHS to a sum over primes.

$$\sum_{\gamma} g_\Delta(t-\gamma) \approx \frac{\log t}{2\pi} \int_{-\infty}^{\infty} g_\Delta(u) du - \frac{1}{\pi} \operatorname{Re} \sum_n \frac{\Lambda(n)}{n^{\frac{1}{2}+it}} \widehat{g}_\Delta\left(\frac{\log n}{2\pi}\right).$$

Conclude

$$\log |\zeta(\tfrac{1}{2}+it)| \leq \frac{\log t}{4\pi} \int_{-\infty}^{\infty} (f(u)-g_\Delta(u)) du + \frac{1}{2\pi} \operatorname{Re} \sum_n \frac{\Lambda(n)}{n^{\frac{1}{2}+it}} \widehat{g}_\Delta\left(\frac{\log n}{2\pi}\right).$$

Estimate sum over primes trivially: Assuming  $\widehat{g}_\Delta$  nice

$$\frac{1}{2\pi} \operatorname{Re} \sum_n \frac{\Lambda(n)}{n^{\frac{1}{2}+it}} \widehat{g}_\Delta\left(\frac{\log n}{2\pi}\right) \ll \sum_{n \leq e^{2\pi\Delta}} \frac{\Lambda(n)}{\sqrt{n}} \ll e^{\pi\Delta}.$$

Problem: Find minorants  $g_\Delta(x) \leq f(x)$  with  $\widehat{g}_\Delta$  supported in  $[-\Delta, \Delta]$  with minimal

$$\int_{-\infty}^{\infty} (f(u) - g_\Delta(u)) du.$$



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Answered by work of Carneiro & Vaaler: minimum  $L^1$  distance

$$= \frac{1}{\Delta} (2 \log 2 - 2 \log(1 + e^{-4\pi\Delta})).$$

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With this choice for  $g_\Delta$ :

$$\log |\zeta(\tfrac{1}{2} + it)| \leq \frac{\log t}{4\pi\Delta} (2 \log 2 + O(e^{-4\pi\Delta})) + O(e^{\pi\Delta}).$$

Optimal:  $\pi\Delta = (1 - \epsilon) \log \log t$  gives bound for  $\log |\zeta(\tfrac{1}{2} + it)|$ .

Parallels the work of Goldston & Gonek for bounding  $S(t)$ : On RH

$$|S(t+h) - S(t)| \leq \left(\frac{1}{2} + o(1)\right) \frac{\log t}{\log \log t}.$$

Multiplicity of a zero  $\frac{1}{2} + i\gamma$  is bounded by  $\log \gamma / (2 \log \log \gamma)$ .

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Relies on finding majorants/minorants to characteristic function of  $[t, t+h]$  with Fourier transform supported in  $[-\Delta, \Delta]$  and with smallest  $L^1$  distance.

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Refinement of Carneiro, Chandee, & Milinovich:

$$|S(t)| \leq \left(\frac{1}{4} + o(1)\right) \frac{\log t}{\log \log t}.$$

Based on finding approximations to  $(\arctan(1/x) - x/(1+x^2))$  — Carneiro & Littman.

# Carneiro–Vaaler on polynomials

Suppose

$$F(z) = \prod_{n=1}^N (z - \alpha_n)$$

is a polynomial with all roots in the unit disc:  $|\alpha_n| \leq 1$ .

**Theorem:** For any integer  $M$

$$\max_{|z| \leq 1} \log |F(z)| \leq \frac{\log 2}{M+1} N + \sum_{m=1}^M \frac{1}{m} \left| \sum_{n=1}^N \alpha_n^m \right|.$$

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Potential example:  $N = rk$

$$F(z) = \prod_{j=1}^r (z - e(j/r))^k.$$

Analogue of  $S(t)$ : bounded by  $k/2$ .

Analogue of  $\log |\zeta|$ : bounded by  $2^k$ .

Think of  $k$  as  $\log t / (2 \log \log t)$ .

## $\Omega$ -results

**Theorem: (Titchmarsh, Levinson)** There are arbitrarily large  $t$  with  
(for  $\frac{1}{2} \leq \sigma \leq 1$ )

$$|\zeta(\sigma + it)| \geq \exp\left(A \frac{(\log t)^{1-\sigma}}{\log \log t}\right).$$

Note:

$$\prod_{p \leq (\log t)} \left(1 - \frac{1}{p^\sigma}\right)^{-1} = \exp\left(B \frac{(\log t)^{1-\sigma}}{\log \log t}\right).$$

Recall RH upper bound:  $\exp(C(\sigma)(\log t)^{2-2\sigma} / \log \log t)$ .



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Recall RH upper bound:  $\exp(C(\sigma)(\log t)^{2-2\sigma} / \log \log t)$ .

**Theorem: (Montgomery)** Fix  $1 \geq \sigma > \frac{1}{2}$ . There are arbitrarily large  $t$  with

$$|\zeta(\sigma + it)| \geq \exp\left(\frac{\sqrt{\sigma - 1/2}}{20} \frac{(\log t)^{1-\sigma}}{(\log \log t)^\sigma}\right).$$

On RH:

$$|\zeta(\tfrac{1}{2} + it)| \geq \exp\left(\frac{1}{20} \frac{\sqrt{\log t}}{\sqrt{\log \log t}}\right).$$

Montgomery's approach: Use zero density estimates to

$$\text{approximate } \log |\zeta(\sigma + it)| \text{ by } \operatorname{Re} \sum_{p \leq z} \frac{1}{p^{\sigma+it}}.$$

Here  $z = c \log T \log \log T$ . Use pigeonhole principle to find  $t$  with  $\cos(t \log p) \in (1/2, 1]$  for all  $p \leq z$ .

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Alternative approach: Balasubramanian & Ramachandra.

$$\max_{T \leq t \leq T+H} |\zeta(\sigma+it)| \geq \left( \frac{1}{H} \int_T^{T+H} |\zeta(\sigma+it)|^{2k} dt \right)^{\frac{1}{2k}} \geq \left( \sum_{n \leq H} \frac{d_k(n)^2}{n^{2\sigma}} \right)^{\frac{1}{2k}}.$$

Choose  $k$  to maximize. For  $\sigma > 1/2$ , only gives Levinson's result.

$$\max_{T \leq t \leq 2T} |\zeta(\tfrac{1}{2} + it)| \gg \exp \left( B \frac{\sqrt{\log T}}{\sqrt{\log \log T}} \right), \quad B = 0.53 \dots$$

## True maximal order?

Montgomery suggested that these  $\Omega$  results are optimal.  
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Extrapolate Selberg's theorem: Perhaps measure of  $t \in [T, 2t]$  with  $\log |\zeta(\frac{1}{2} + it)| \geq V$  behaves something like

$$\asymp T \int_{V/\sqrt{\frac{1}{2} \log \log T}}^{\infty} e^{-x^2/2} dx \approx T \exp\left(-\frac{V^2}{\log \log T}\right).$$

Suggests maximal size for  $V$  about  $\sqrt{\log T \log \log T}$ .

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Conjecture: Farmer, Gonek & Hughes (2007) "Sub-Gaussian extreme values"

$$\max_{T \leq t \leq 2T} |\zeta(\tfrac{1}{2} + it)| = \exp\left(\left(\frac{1}{\sqrt{2}} + o(1)\right) \sqrt{\log T \log \log T}\right).$$

# The moment conjectures: a paradox

## Keating–Snaith conjecture

$$\frac{1}{T} \int_T^{2T} |\zeta(\tfrac{1}{2} + it)|^{2k} dt \sim g_k \sum_{n \leq T} \frac{d_k(n)^2}{n} \sim g_k a_k (\log T)^{k^2}.$$

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Asymptotics:

$$a_k \sim \left( \frac{e^{1-\gamma}}{2k^2 \log k} + o(1) \right)^{k^2}; \quad g_k = \left( \frac{k}{4\sqrt{e}} + o(1) \right)^{k^2}.$$

$$\frac{1}{T} \int_T^{2T} |\zeta(\tfrac{1}{2} + it)|^{2k} dt \quad \text{grows like} \quad \left( \frac{C \log T}{k \log k} \right)^{k^2}.$$



# The moment conjectures: a paradox

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Weak version: Uniformly in  $k$  one has

$$\frac{1}{T} \int_T^{2T} |\zeta(\tfrac{1}{2} + it)|^{2k} dt \geq \left( \frac{c \log T}{k \log k} \right)^{k^2}$$

$$\max_{T \leq t \leq 2T} |\zeta(\tfrac{1}{2} + it)|^{2k} dt \geq \exp \left( \frac{c \log T}{\log \log T} \right).$$

CFKRS conjecture:

$$\int_0^T |\zeta(\tfrac{1}{2} + it)|^{2k} dt \approx \int_0^T P_k\left(\log \frac{t}{2\pi}\right) dt$$

for a specified polynomial  $P_k$  of degree  $k^2$ .

Weak version: Uniformly in  $k$  one has

$$\int_T^{2T} |\zeta(\tfrac{1}{2} + it)|^{2k} dt \leq T(\log T)^{k^2}.$$

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Weak version: Uniformly in  $k$  one has

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But this implies

$$\max_{T \leq t \leq 2T} |\zeta(\tfrac{1}{2} + it)| \leq \min_k \left( T(\log T)^{k^2} \right)^{\frac{1}{2k}} = \exp\left(\sqrt{\log T \log \log T}\right).$$

# Extreme values of $L$ -functions

Earlier methods don't extend easily to central values.

Heath-Brown (unpublished), Hoffstein & Lockhart: There are arbitrarily large fundamental discriminants  $d$  such that

$$L\left(\frac{1}{2}, \chi_d\right) \gg \exp\left(C \frac{\sqrt{\log |d|}}{\log \log |d|}\right),$$

$$L\left(\frac{1}{2}, f \times \chi_d\right) \gg \exp\left(C \frac{\sqrt{\log |d|}}{\log \log |d|}\right).$$

Idea: Crucial use of quadratic reciprocity.

Can make  $\chi_d(p) = \epsilon_p$  for all  $p \leq z$ , by choosing  $d$  in a progression (mod  $4 \prod_{p \leq z} p$ ).

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Average over such progressions.

Similar results of  $|L(\frac{1}{2}, \chi)|$ ,  $\chi \pmod{q}$ ? or  $L(\frac{1}{2}, f)$  as  $f$  ranges over all Hecke eigenforms of large weight  $k$  (or large level)?

One motivation for work with Rudnick on lower bounds for moments in families.

# The resonance method

**Idea:** Resonator –  $R(t) = \sum_n r(n)n^{-it}$ . Compute

$$I_1 = \int_T^{2T} |R(t)|^2 dt, \quad I_2 = \int_T^{2T} \zeta\left(\frac{1}{2} + it\right) |R(t)|^2 dt.$$

Then

$$\max_{T \leq t \leq 2T} |\zeta\left(\frac{1}{2} + it\right)| \geq \frac{|I_2|}{I_1}.$$

**Problem:** Choose  $a(n)$  so as to maximize the ratio  $|I_2|/I_1$ .

If  $R(t)$  is a short Dirichlet polynomial then both  $I_1$  and  $I_2$  can be evaluated. Two quadratic forms in the coefficients  $r(n)$  – problem is to optimize their ratio.

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Method widely applicable:

$$\sum_{\chi \pmod{q}} L(\tfrac{1}{2}, \chi) |R(\chi)|^2 / \sum_{\chi \pmod{q}} |R(\chi)|^2,$$

$$\sum_{|d| \leq X}^b L(\tfrac{1}{2}, \chi_d) |R(d)|^2 / \sum_{|d| \leq X}^b |R(d)|^2$$

# The quadratic forms

$$R(t) = \sum_{n \leq N} r(n) n^{-it}$$

If  $N \leq T^{1-\epsilon}$  – short Dirichlet polynomial – only diagonal terms matter.

$$I_1 = \int_T^{2T} |R(t)|^2 dt \sim T \sum_{n \leq N} |r(n)|^2$$

$$I_2 \approx \int_T^{2T} \sum_{k \leq T} \frac{1}{k^{\frac{1}{2}+it}} \sum_{m, n \leq N} r(m) \overline{r(n)} \left(\frac{n}{m}\right)^{it} dt \approx T \sum_{mk=n \leq N} \frac{r(m) \overline{r(n)}}{\sqrt{k}}.$$



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Similar quadratic forms in other families: e.g.  $N \leq \sqrt{q}$ ,

$$\frac{1}{\phi(q)} \sum_{\chi \pmod{q}} |R(\chi)|^2 \approx \sum_{n \leq N} |r(n)|^2,$$

$$\frac{1}{\phi(q)} \sum_{\chi \pmod{q}} L\left(\frac{1}{2}, \chi\right) |R(\chi)|^2 \approx \sum_{km=n \leq N} \frac{r(m) \overline{r(n)}}{\sqrt{k}}$$

Or, with  $N \leq X^{\frac{1}{4}}$

$$\sum_{|d| \leq X}^b R(\chi_d)^2 \sim CX \sum_{\substack{n_1, n_2 \leq N \\ n_1 n_2 = \square}} r(n_1) r(n_2)$$

$$\sum_{|d| \leq X}^b L(\tfrac{1}{2}, \chi_d) R(\chi_d)^2 \sim CX \sum_{\substack{k \leq \sqrt{X} \\ n_1, n_2 \leq N \\ kn_1 n_2 = \square}} \frac{r(n_1) r(n_2)}{\sqrt{k}}.$$

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**Theorem: (S.)** For large  $N$

$$\max_r \left| \sum_{mk \leq N} \frac{r(m) \overline{r(mk)}}{\sqrt{k}} \right| / \left( \sum_{n \leq N} |r(n)|^2 \right) = \exp \left( (1+o(1)) \frac{\sqrt{\log N}}{\sqrt{\log \log N}} \right).$$

**Corollary:** There exist  $t \in [T, 2T]$ ,  $|d| \in [X, 2X]$  with

$$|\zeta(\tfrac{1}{2} + it)| \geq \exp \left( (1+o(1)) \frac{\sqrt{\log T}}{\sqrt{\log \log T}} \right),$$

$$L(\tfrac{1}{2}, \chi_d) \geq \exp \left( \frac{1}{3} \frac{\sqrt{\log X}}{\sqrt{\log \log X}} \right).$$

For all  $3 \leq V \leq \frac{1}{5} \sqrt{\log T / \log \log T}$  the measure of  $t \in [T, 2T]$  with  $|\zeta(\frac{1}{2} + it)| \geq e^V$  exceeds

$$\frac{T}{(\log T)^4} \exp \left( -10 \frac{V^2}{\log(\log T / (8V^2 \log V))} \right).$$

The set on which  $|\zeta(\frac{1}{2} + it)| \geq \exp(\frac{1}{5} \sqrt{\log T / \log \log T})$  has measure

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Can use a similar argument to produce large values of  $|\zeta(\sigma + it)|$ ,  $L(\sigma, \chi_d)$  etc.

Hilberdink; Voronin

Like with moments, this only gives Levinson type  $\Omega$ -results: e.g.

$$|\zeta(\sigma + it)| \gg \exp \left( C(\sigma) \frac{(\log t)^{1-\sigma}}{\log \log t} \right).$$

# Optimizing the ratio of quadratic forms

Theorem: (S.) For large  $N$

$$\max_r \left| \sum_{mk \leq N} \frac{r(m) \overline{r(mk)}}{\sqrt{k}} \right| / \left( \sum_{n \leq N} |r(n)|^2 \right) = \exp \left( (1+o(1)) \frac{\sqrt{\log N}}{\sqrt{\log \log N}} \right).$$

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The lower bound in the theorem.

Choose  $r(n) = f(n)$  — real valued multiplicative function supported on square-free numbers.

Denominator:

$$\sum_{n \leq N} |r(n)|^2 \leq \prod_p (1 + f(p)^2).$$

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Numerator:

$$\sum_{k \leq N} \frac{f(k)}{\sqrt{k}} \sum_{\substack{m \leq N/k \\ (m,k)=1}} f(m)^2$$



Rankin's trick, for any  $\alpha > 0$ : Numerator

$$\begin{aligned} &\geq \sum_k \frac{f(k)}{\sqrt{k}} \sum_{(m,k)=1} f(m)^2 - \frac{1}{N^\alpha} \sum_k \frac{f(k)}{k^{\frac{1}{2}-\alpha}} \sum_{(m,k)=1} f(m)^2 m^\alpha \\ &= \prod_p \left( 1 + \frac{f(p)}{\sqrt{p}} + f(p)^2 \right) - \frac{1}{N^\alpha} \prod_p \left( 1 + p^\alpha \left( \frac{f(p)}{\sqrt{p}} + f(p)^2 \right) \right). \end{aligned}$$

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Heuristic choice of resonator: Suppose  $f(p) \leq 1$  always, that  $f(p)^2$  dominates  $f(p)/\sqrt{p}$ , and that  $p^\alpha - 1 \approx \alpha \log p$ .

Then

$$\text{Numerator} \geq \frac{1}{2} \prod_p \left( 1 + \frac{f(p)}{\sqrt{p}} + f(p)^2 \right),$$

provided constraint:

$$\sum_p f(p)^2 \log p \leq \log N - (\log 2)/\alpha.$$

Problem: Maximize ratio

$$\prod_p \left( 1 + \frac{f(p)}{\sqrt{p}} + f(p)^2 \right) / \left( 1 + f(p)^2 \right) \approx \exp \left( \sum_p \frac{f(p)}{\sqrt{p}} \right)$$

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Motivates the choice:  $L = \sqrt{\log N \log \log N}$ ,  $\alpha = 1/(\log L)^3$

$$f(p) = \frac{L}{\sqrt{p} \log p} \quad \text{for } L^2 \leq p \leq \exp((\log L)^2).$$

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$$\sum_p f(p)^2 \log p = \sum_{L^2 \leq p \leq \exp((\log L)^2)} \frac{L^2}{p \log p} \approx \frac{L^2}{\log L} < \log N$$

$$\sum_p \frac{f(p)}{\sqrt{p}} = \sum_{L^2 \leq p \leq \exp((\log L)^2)} \frac{L}{p \log p} \approx \frac{L}{\log L} \approx \frac{\sqrt{\log N}}{\sqrt{\log \log N}}.$$

## The upper bound of the Theorem

Guess that the lower bound example is close to optimal.

Define  $g$  multiplicative by ( $L = \sqrt{\log N \log \log N}$ )

$$g(p^k) = \min \left( 1, \frac{L}{p^{k/2} \log p} \right).$$

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$$r(mk)r(m) \leq \frac{1}{2} \left( \frac{r(mk)^2}{g(k)} + g(k)r(m)^2 \right)$$

$$\begin{aligned} \sum_{km \leq N} \frac{r(m)r(mk)}{\sqrt{k}} &\leq \frac{1}{2} \sum_{km \leq N} \frac{1}{\sqrt{k}} \left( \frac{r(mk)^2}{g(k)} + g(k)r(m)^2 \right) \\ &= \frac{1}{2} \sum_{n \leq N} r(n)^2 \left( \sum_{k|n} \frac{1}{\sqrt{k}g(k)} + \sum_{k \leq N/n} \frac{g(k)}{\sqrt{k}} \right). \end{aligned}$$

$$\text{Ratio} \leq \frac{1}{2} \max_{n \leq N} \sum_{k|n} \frac{1}{\sqrt{k}g(k)} + \frac{1}{2} \sum_{k \leq N} \frac{g(k)}{\sqrt{k}}$$

$$\begin{aligned}
\sum_{k \leq N} \frac{g(k)}{\sqrt{k}} &\leq \prod_p \left( 1 + \frac{g(p)}{\sqrt{p}} + \frac{g(p)^2}{p} + \dots \right) \\
&\ll \exp \left( \sum_{p \leq \log N / \log \log N} \frac{1}{\sqrt{p} - 1} + 2 \sum_{p > \log N / \log \log N} \frac{L}{p \log p} \right) \\
&= \exp \left( (1 + o(1)) \frac{\sqrt{\log N}}{\sqrt{\log \log N}} \right).
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&= \exp \left( (1 + o(1)) \frac{\sqrt{\log N}}{\sqrt{\log \log N}} \right).
\end{aligned}$$

Since  $g(p^a) = \min(1, L/(p^{a/2} \log p))$ ,

$$\sum_{k|n} \frac{1}{\sqrt{k} g(k)} \leq \prod_{p^a \| n} \left( 1 + \frac{a \log p}{L} \right) \prod_{p|n} \left( 1 + \frac{1}{\sqrt{p} - 1} \right).$$

$$\text{First factor} \leq \exp \left( \sum_{p^a \| n} \frac{a \log p}{L} \right) \leq n^{1/L} \leq N^{1/L} = \exp \left( \frac{\sqrt{\log N}}{\sqrt{\log \log N}} \right).$$

$$\text{Second factor} \leq \exp \left( O \left( \sum_{p|n} \frac{1}{\sqrt{p}} \right) \right) \leq \exp \left( O \left( \frac{\sqrt{\log N}}{\log \log N} \right) \right).$$

## Frequency of large values

$$\left| \int_T^{2T} \zeta\left(\frac{1}{2} + it\right) |R(t)|^2 dt \right| \leq e^V \int_T^{2T} |R(t)|^2 dt \\ + \int_{\mathcal{L}} |\zeta\left(\frac{1}{2} + it\right)| |R(t)|^2 dt$$

where  $\mathcal{L}$  is the subset of  $[T, 2T]$  on which  $|\zeta(\frac{1}{2} + it)| \geq e^V$ .

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Two applications of Cauchy–Schwarz — second term

$$\leq \left( \int_T^{2T} |\zeta\left(\frac{1}{2} + it\right)|^4 dt \right)^{\frac{1}{4}} \left( \text{meas}(\mathcal{L}) \right)^{\frac{1}{4}} \left( \int_T^{2T} |R(t)|^4 dt \right)^{\frac{1}{2}}.$$

If  $N \leq T^{1/2-\epsilon}$  can compute 4-th moment of  $R(t)$ .

Small modifications to the resonator yield bounds for  $\text{meas}(\mathcal{L})$ .